STONE & BARREL INC.

MOBILE SAUNA SAFETY, OPERATING & FIRE PLAN

Safe use of the sauna is entirely the responsibility of the renter and all participants. Stone & Barrel Inc. is not liable for any injury, illness, accident, fire, or damage caused by use or misuse of the sauna. By signing this document, you accept all risks, responsibilities, and liability.

1. Location & Setup

- Place the sauna on level ground, at least 10 ft from buildings, vehicles, trees, or flammable materials.
- Do not block emergency access.
- Sauna steps should be level and securely placed at the entrance.
- Open the ventilation valve (top left near entrance) to ensure proper air circulation and oxygen supply.

2. Fire Safety & Stove Operation

Heating the Sauna:

- Use only dry firewood, small branches, cardboard, or paper.
- Do NOT use accelerants (gasoline, lighter fluid, grease, oils) or chemically treated wood.
- Ignite fire using small sticks/paper, then larger wood. Keep stove door closed at all times.
- Always wear provided fireproof gloves when handling the stove.

Steam (Löyly) & Essential Oils:

- Pour small amounts of water on the hot rocks using the provided ladle and glove.
- Never pour water directly on the stove.
- Mix essential oils with water before pouring.

Sauna Temperature:

- Recommended: 50–80°C (40–60°C for first-time users).
- Adjust temperature by adding wood (higher) or briefly opening the entrance door (lower).
- Maximum 6 users per session; session length: 5–15 minutes with rest breaks.

3. Safety Rules

- Children under 16 must be supervised; under 10 not recommended.
- No alcohol, drugs, or impairing substances.
- Users must be in good health; consult a doctor if you have conditions such as:
  Heart disease, high/low blood pressure, pregnancy, epilepsy, respiratory illness, recent surgery, implants, multiple sclerosis, lupus, hemophilia, hyperthyroidism, adrenal suppression.
- Avoid direct contact with hot surfaces (stove, chimney, pipes).
- No electronics, cell phones, flashlights, or battery-powered devices inside.
- No food, glass, or hazardous items inside; towels and safe drinking containers only.

- Maintain hygiene: shower before use, place towels on benches/floor, avoid lotions, shaving, or personal care products inside.
- Supervise all participants and monitor sauna temperature at all times.
- Risk of slips, trips, and burns — enter/exit carefully and watch your head.

4. Fire Emergency Procedures

In Case of Fire

a) Stop adding wood to the stove.
b) Close the stove's air intake to smother flames.
c) Evacuate all occupants safely.
d) Call 911.
e) Use the extinguisher only if safe; see instructions below.

Fire Extinguisher Location: Mounted on the side of the sauna trailer near the stove.

Using the Extinguisher (PASS Method):

- Pull the pin.
- Aim nozzle at base of fire.
- Squeeze handle.
- Sweep side to side until extinguished.

Dampening the Stove Fire (Only if Necessary):

- Open stove door carefully, avoiding smoke/sparks.
- Cover embers with dry sand (do not use water).
- Let ashes cool completely before disposal.

5. Cleaning & Sanitation

- Let the fire burn out or dampen with sand.
- Close air vents and chimney damper once cooled.
- Remove all trash, bottles, and personal items.
- Brush benches and sweep floors.
- Leave door slightly open for drying.
- Do not use strong chemicals; use only sauna-safe cleaning products.

6. Liability & Renter Responsibility

By using this sauna:

- You accept all risk of injury, burns, illness, accidents, fire, or property damage.
- You are responsible for supervising all users and ensuring safety rules are followed.
- You assume liability for any injuries or accidents during the rental period.

Acknowledgement & Signature

I, the undersigned, have read, understood, and agree to follow the Stone & Barrel Mobile Sauna Safety & Operating Plan. I accept full responsibility for my own safety and that of all participants during the rental period.

Renter Name(s) (print): _____

Signature(s): _____

Date: _____